

# Welcome to Gig Harbor Foot and Ankle Clinic!!

## Please complete:

Patient Name \_\_\_\_\_ M.I. \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail address \_\_\_\_\_

Sex: M F      Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_      Marital Status: S M D W

Name of referring physician \_\_\_\_\_

Primary care physician \_\_\_\_\_ Phone \_\_\_\_\_

Date last seen \_\_\_\_\_ Fax \_\_\_\_\_

Emergency contact

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

## INSURANCE INFORMATION:

Name of Insurance Co: \_\_\_\_\_

ID Number \_\_\_\_\_

Group Number \_\_\_\_\_

Insurance information **if the main subscriber is other than the patient (Spouse or Parent)**

Primary Name on Card \_\_\_\_\_

Date of Birth \_\_\_\_\_ SS#: \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_ Telephone: \_\_\_\_\_

**Secondary Insurance** \_\_\_\_\_

ID Number \_\_\_\_\_

Group Number \_\_\_\_\_

I hereby give my permission for the doctor to render the proposed Podiatric examination and treatment. I understand that I am financially responsible to the physician for all charges incurred by my dependents or me. I authorize the release of any medical information necessary to process any claim and request payment of insurance benefits due to be paid to the physician supplying the service.

Signature \_\_\_\_\_

Circle One: Self   Parent   POA

Date \_\_\_\_\_

Are you presently under a physician's or specialist's care? [ ] Yes [ ] No

Name of Physician: \_\_\_\_\_ Primary Reason: \_\_\_\_\_

**FOOT HEALTH INFORMATION**

What is your foot or ankle concern?

When did it begin? \_\_\_\_\_? Was it due to an injury? Y N

If so, describe what happened: \_\_\_\_\_

What aggravates it? \_\_\_\_\_

Is it improving or worsening? \_\_\_\_\_

How have you treated the problem so far? \_\_\_\_\_

Have you seen a foot doctor before? \_\_\_\_\_ If so when? \_\_\_\_\_

Was this problem caused by an accident? Y N If so, when? \_\_\_\_\_

Was this a work related injury? \_\_\_\_\_ If so, where \_\_\_\_\_

Shoe size \_\_\_\_\_ Shoe Type: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

On a scale of 1 – 10 (10 being the worst), rate your pain level: \_\_\_\_\_

Are you allergic or do you have any reaction (sensitivity) to medications, tape, chemicals or food?

Medication	Reaction
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please List All Surgeries You Have Had:

Type	Hospital	Date or Age	Physician
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medications you are taking:	Dose (mg.)	Times per day	Date Began	Date Stopped
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list hospitalizations:

Reason for Hospitalization	Admission Date	Treating Physician or Hospital
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\_\_\_\_\_

\_\_\_\_\_

<b>Habits and Social History:</b>	Yes	No	Amount	Frequency	Years Used
Tobacco	___	___	_____	_____	
Alcohol	___	___	_____	_____	
Coffee or Tea	___	___	_____	_____	
Recreational Drugs	___	___	_____	_____	

<b>Family History</b>	Yes	No	Family Member
Cancer	___	___	_____
Diabetes	___	___	_____
High blood pressure	___	___	_____
Heart Disease	___	___	_____ (continued next page)
Kidney Disease	___	___	_____
Kidney Stones	___	___	_____
Other Family			

Mother: Alive \_\_\_ Age: \_\_\_\_\_ Deceased \_\_\_ at age \_\_\_\_\_ Cause of death \_\_\_\_\_  
 Father: Alive \_\_\_ Age: \_\_\_\_\_ Deceased \_\_\_ at age \_\_\_\_\_ Cause of death: \_\_\_\_\_

**Have you had any of the following medical conditions or occurrences? Check all that apply:**

**Cardiovascular (heart & blood vessels)**

- \_\_\_ Heart attack
- \_\_\_ Chest pains (angina)
- \_\_\_ Abnormal heart rhythm/arrhythmia
- \_\_\_ High blood pressure
- \_\_\_ Elevated Cholesterol
- \_\_\_ Aneurysm
- \_\_\_ Phlebitis (blood clot)
- \_\_\_ Swelling of ankles/legs
- \_\_\_ Shortness of breath with activity
- \_\_\_ Shortness of breath with lying flat

**Endocrine (hormones)**

- \_\_\_ Hypothyroid (low thyroid)
- \_\_\_ Hyperthyroid (high thyroid)
- \_\_\_ Diabetes – Diagnosed by \_\_\_\_\_ Date \_\_\_\_\_
- \_\_\_ Calcium disorder
- \_\_\_ Adrenal disorder
- \_\_\_ Heat or cold sensitivity
- \_\_\_ Frequent Urination

**Blood & Lymphatic**

- \_\_\_ Anemia
- \_\_\_ Bleeding disorder
- \_\_\_ Cancer – Where? \_\_\_\_\_
- \_\_\_ Polycythemia
- \_\_\_ Sickle Cell disease
- \_\_\_ Lymphoma / leukemia / multiple myeloma (circle one of the above)
- \_\_\_ Easy bruising
- \_\_\_ Enlarged lymph glands

**Pulmonary (lungs)**

- \_\_\_ Pneumonia
- \_\_\_ Asthma
- \_\_\_ Emphysema
- \_\_\_ Chronic Bronchitis
- \_\_\_ Cancer
- \_\_\_ Wheezing
- \_\_\_ Shortness of breath
- \_\_\_ Chronic cough

**Gastrointestinal (intestines)**

- \_\_\_ Hepatitis: type A, B, C, or D?
- \_\_\_ Cirrhosis \_\_\_ Yellow jaundice
- \_\_\_ Stomach ulcers
- \_\_\_ Reflux
- \_\_\_ Colitis or enteritis

**Neurologic**

- \_\_\_ Stroke-Weakness on R or L? \_\_\_\_\_
- \_\_\_ Spinal cord injury – Area Affected: \_\_\_\_\_
- \_\_\_ Seizures – Type \_\_\_\_\_
- \_\_\_ Migraine or frequent headaches
- \_\_\_ Vertigo (dizzy spells)

- \_\_\_ Diverticulitis
- \_\_\_ Nausea/ Vomiting
- \_\_\_ Pain in abdomen
- \_\_\_ Cancer

- \_\_\_ Loss of consciousness
- \_\_\_ Confusion or memory loss
- \_\_\_ Neuropathy
- \_\_\_ Diagnosed by \_\_\_\_\_
- \_\_\_ Date \_\_\_\_\_

- \_\_\_ Gallbladder disease or stones
- \_\_\_ Pancreatitis
- \_\_\_ Blood in stool
- \_\_\_ Constipation

- \_\_\_ **Head & Eyes**
- \_\_\_ Sinus infections/problems
- \_\_\_ Hay fever
- \_\_\_ Nose bleeds
- \_\_\_ Glaucoma
- \_\_\_ Macular degeneration
- \_\_\_ Vision problems
- \_\_\_ Deafness
- \_\_\_ Ear infections

**Renal (kidney)**

- \_\_\_ Kidney failure
- \_\_\_ Dialysis
- \_\_\_ Cancer
- \_\_\_ Cysts

**Infections and Immune Related Issues**

- \_\_\_ AIDS
- \_\_\_ Chronic fatigue syndrome
- \_\_\_ Fibromyalgia
- \_\_\_ Itching \_\_\_\_\_ Hives \_\_\_\_\_
- \_\_\_ Arthritis – Type \_\_\_\_\_
- \_\_\_ Joints affected \_\_\_\_\_

**Musculoskeletal**

- \_\_\_ Back injury
- \_\_\_ Herniated disc
- \_\_\_ Arthritis
- \_\_\_ Bone disease
- \_\_\_ Joint pain \_\_\_\_\_ Stiffness
- \_\_\_ Fractures (broken bones)

**Psychiatric**

- \_\_\_ Depression
- \_\_\_ Anxiety disorder
- \_\_\_ Eating disorder

- \_\_\_ Osteoporosis
- \_\_\_ Muscle disease
- \_\_\_ Gout
- \_\_\_ Rheumatoid arthritis

**Skin**

- \_\_\_ Lumps or bumps-Where \_\_\_\_\_
- \_\_\_ Rashes – Type \_\_\_\_\_
- \_\_\_ Where: \_\_\_\_\_
- \_\_\_ Open sores – Where \_\_\_\_\_
- \_\_\_ How long? \_\_\_ Treatment: \_\_\_\_\_
- \_\_\_ Psoriasis

**General**

- \_\_\_ Weight gain /loss
- \_\_\_ Fever/ chills
- \_\_\_ Sweating at night
- \_\_\_ Decreased strength/vitality

Thank you!

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