

**It is our goal to help our patients knowledgeably care for their feet & be pain free**

**Services include but not limited to:**

- Heel Pain
- Ingrown Toenails
- Toenail Fungus
- Neuropathy
- Plantar Warts
- Foot Pain
- Geriatric Foot Care
- Tendinitis
- Diabetic Wound Care
- Heel Spur
- Foot Surgery
- Ankle Pain
- Bunions
- Hammer Toes
- Sports Injury

**Insurance will not cover:**

- Cold Laser Therapy
- Custom Orthotics

## About the Doctor

Dr James McAlexander D.P.M. was born in Seattle, WA and raised in Fremont, CA. He obtained a Bachelor of Science degree from University of Puget Sound, Washington in 1984 followed by a Doctor of Podiatric Medicine degree at The California College of Podiatric Medicine, San Francisco, CA in 1988. He completed his residency at Veteran's Administration Medical Center, American Lake, WA in 1989.

He is Board Certified by both the American Board of Podiatric Medicine (ABPM) and American Professional Wound Care Association (APWCA). His specialties include podiatric surgery, podiatric medicine, podiatric sports medicine, orthotics and cutting-edge healing modalities.

In his free time, he enjoys biking, hiking, playing instruments such as guitar and piano, and spending time with his wife Susan, and their three adult children. He is a member of Chapel Hill Presbyterian Church.



# Gig Harbor Foot and Ankle Clinic

Gig harbor Foot and Ankle Clinic specializes in foot pain, injuries, infections, wound care, heel pain, Podiatric Medicine, Surgical Care of the foot and more.



Gig Harbor Foot and Ankle Clinic

Dr. James McAlexander does minor procedures in our clinic on **Friday** afternoons only.

Major procedures are done in hospitals, St Anthony's, St. Joseph's, Gig Harbor Same Day Surgery, or Walters Same Day Surgery.

**Because Dr. McAlexander is a surgeon at 2 hospitals, he will occasionally be called for emergency surgeries. In that event, our office will call to reschedule any affected appointments. We greatly appreciate your understanding so those in immediate need can be helped.**

## Procedures

### In Clinic:

- Matrixectomy: Permanent procedure to remove ingrown toenails
- Percutaneous Tenotomy and Capsulotomy (TNC): Hammertoe correction
- Distal Toe Amputation
- Cyst Removal
- Mole Removal

### Hospital:

- Lapiplasty: Bunion correction
- Arthrodesis: Bone fusion
- Hammer Toe Reduction
- Amputation: Only if medically necessary for toe or partial foot
- Removal of Bone Spurs
- Tumor or Gout Removal
- Arthritis Removal
- Reduction of Foot Deformities.

## Our goals and policy

Our podiatrist, **Dr. James McAlexander**, located in **Gig Harbor, WA**, is dedicated to getting to the root of your foot or ankle problem. Having chronic foot and ankle pain can greatly affect the quality of your life, and we understand that. We also know how complicated life can be and we are committed to making our practice and care convenient and accessible.

We accept most insurance plans and welcome all patients from children to elderly! Some insurance plans need a referral. If you are unsure if you need a referral, call your insurance company and ask! You are responsible for understanding your insurance coverage and all uncovered services will become your responsibility.

**Please call 24 hours before your appointment if you cannot attend. Failure to cancel or miss appointments with no notification, there is a \$20 fee.** There is a 15-minute grace period for late appointments. If you arrive after the grace period, you may be asked to reschedule your appointment.

Walk-ins are welcome but may be asked to wait for the next available appointment time, or to come back at the end of the day.

We do all nail care on Thursday afternoons. This is a 15-minute appointment dedicated to **ONLY** nail care. If you would like to discuss other foot issues, please make a separate appointment.

Cold Laser Therapy is not covered by insurance and is \$35 per foot per scheduled session. This treatment is done by a medical assistant.

Custom Orthotics are \$350. We have a casting fee of \$75 that is due on the day of impressions. The remaining \$275 is due on the day of your orthotic fitting appointment.

## Office Hours

**\*Hours are subject to change**

**Monday: 8am to 3pm**

**Tuesday: 8am to 3pm**

**Wednesday: 10am to 3pm**

**Thursday: 8am to 3pm**

**Friday: 8am to 12pm**

**Saturday: Closed**

**Sunday: Closed**



## Contact Us

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